



# *Isshin-Ryu Karate, Kickboxing, and Jujitsu Academy*

一心流



## *Kyoshi Chris Spruiell*

8x Hall of Fame Award Winner

8th Degree Black Belt Isshin-Ryu Karate

6th Degree Black Belt Neko-Ryu Goshin Jitsu

Rank Examiner/Instructor Shingitai Jujitsu

USIKA Executive VP

35 years Full Contact Combat Experience



If you are interested in self-defense or physical exercise come and join us. Master Chris Spruiell has 40 years experience in the martial arts and is an instructor for many different law enforcement agencies. Contact Master Spruiell at (865) 363-6067.

**We have classes for all ages.**